







St. Ignatius Life Teen Summer Retreat 2016

WHAT: The goal of this trip is to give each teen an experience of God through nature, the outdoors, the sacraments, worship, and community. Along with the outdoor activities there will be talks from their peers, daily Mass and Adoration, and most importantly, time away from social media.

WHO: High School 9-12th

WHERE: Outdoor Adventure Rafting Benton, TN

- Whitewater Rafting on the Ocoee River
- **Hiking** in the Cherokee National Forest
- Caving in Raccoon Mountain Caverns

WHEN: Friday, July 8 (morning departure) – Monday, July 11(evening return)

COST: \$200 Includes transportation, lodging, and food during trip (Except lunch on the way up and lunch on the way home)

ITINERARY

JULY 8: Depart St. Ignatius at 7:30am (Arrive by 7am)

JULY 9: Hike and Volleyball Tourney JULY 10: Sunday Mass & Whitewater Raft

JULY 11: Spelunking (Raccoon Cave) and Head Home

LODGING

We will be staying in cabins at Outdoor Adventure Rafting (OAR). You will need to bring your own sleeping bag and pillow. Also, you will need to bring a shower towel and shower supplies.

EMERGENCY CONTACT

Anthony Tobin – (251) 518-9439 Conrad Collins – (251) 545-6427

Packing List- Please limit your luggage to one suitcase and one carry-on each

Towel & Toiletries (everything you'll need to look and smell good each day)
Medications
Comfortable clothes/shoes/and hat for hiking
School bag or small backpack for hiking
Bathing Suit (no bikinis or speedos)
Water shoes for rafting (no sandals)
OLD shoes, pants, and shirt you can get dirty for caving
2 garbage bags for wet and dirty clothes
Rain Coat or Poncho
Sun Screen and Bug Spray
Water bottle
Spending money for food on the way and souvenirs
Snacks for bus and nights
Appropriate DVD's for bus (not rated R)

WHAT NOT TO BRING

A BAD ATTITUDE- don't think it, don't bring it. Irreplaceable valuables. Many of us will be bringing cameras, but we have to watch that they don't get broken or stolen. I am asking that we **do not bring any personal entertainment devices- including laptops, Ipads, Ipods, etc.** Also limited use of cell phones! It is important that you talk to each other and because we have no control over materials played and we are trying to maintain a "retreat atmosphere" it is easiest this way. We still will be able to play movies on the bus.

PARENTAL/GUARDIAN CONSENT FORM AND LIABILITY WAIVER

Dear Parent or Legal Guardian:

If you would like your child to participate in this event that requires transportation to a location away from the parish, school or archdiocesan office site, please complete, sign, and return this statement of consent and release of liability. As parent or legal guardian, you remain legally responsible for any personal actions taken by the named minor ("participant").

This activity will take place under the guidance and supervision of employees and/or volunteers from St. Ignatius Parish/School. A brief description of the activity follows:

Individual in Charge: An	e of departure and return of trip: Fri, July 8-Mon, July 11
Participants Name:	
Parent/Guardian name:	(please print)
	Other Phone:
to hold harmless and def School , its officers, direct employees and agents, of any claim arising from or connection with any illne connection therewith, ar officers, directors and agent and chaperones, or repre- fees and expenses that no	elf, my child named herein, or our heirs, successors, and assigns end (name of parish/school/institution) St. Ignatius Parish and tors, employees and agents, and the Archdiocese of Mobile, its haperones, or representatives associated with the event, from in connection with my child attending the event or in ess or injury (including death) or cost of medical treatment in ad I agree to compensate the parish/school/institution, its ents, and the Archdiocese of Mobile, its employees and agents esentative associated with the event for reasonable attorney's hay incur in any action brought against them as a result of such such claim arises from the negligence of the /archdiocese.
Signature:	Date:

Event:				
Group Leader: Anthony Tobin Group Name	: St. Ignatius Life Teen			
Participant's Name	M/F	Grade		
Date of Birth Parent E-mail		T-Shirt S	ize	
Parents/Guardian: (Mr. & Mrs.)(Mr.)(Ms.)(Mrs.) First	Spouse	Last		
Home Address	City	State _	Zip	_
Parents Home Phone # ()_	Parents Cell Phone # ()		-
Parents Address if different than Participants: First	Last			
Address	City	State	Zip	_
CODE OF CONDUCT My teen and I understand that while particip will cooperate with these rules. Guns, weapon failure to comply may result in immediate and I have discussed the code of conduct for	ons, drugs, alcohol, and illegal beh dismissal of my child, with transp or this trip and agree to its conditi	avior are prohibi ortation home a ons.	ted. I understand t t my expense. My t	hat
Parent Signature:	Date:			
Teen Signature:	Date:			
MEDICAL HISTORY PLEASE HAVE A CO Allergies: Current Medications:				
 EMERGENCY MEDICAL TREATMENT: ❖ In the event of an emergency, I hereby give and representatives associated with this even treatment. I wish to be advised prior to any fix I relieve St. Ignatius Life Teen of all responsib St. Ignatius Life Teen liable in the event of in medical treatment. 	t to transport my child to a hospital or curther treatment by the hospital or collity and consequences that may arise	It or receive emer loctor. se as a result of the	rgency medical or s is treatment. I will n	surgical not hold
Parent Signature:	Date:			
Insurance Carrier:Insurance Policy Number:Insurance Policy Number:Insurance in provided by which parent and/or place. Address and Phone Number of Company:	e of employment?			
In the event of an emergency, if you are unable to re		ntact:		
Relationship:Te		_ _		